

**If you feel near, at or over capacity to read:
Scriptures to Pray if You Feel Near, At or Over Capacity**
www.ljallencoaching.com

Isaiah 40:31 - But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

John 15:1-5 – “I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes^a so that it will be even more fruitful. You are already clean because of the word I have spoken to you. Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

Psalms 90:12 - Teach us to number our days, that we may gain a heart of wisdom.

Psalms 90:17 - May the favor of the Lord our God rest on us; establish the work of our hands for us-- yes, establish the work of our hands.

2 Timothy 1:12 - ... because I know whom I have believed, and am convinced that he is able to guard what I have entrusted to him until that day.

2 Corinthians 4:1 - Therefore, since through God's mercy we have this ministry, we do not lose heart.

Matthew 11:28-30 - “Come to Me, all who are weary and heavy-laden, and I will give you rest. “Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.”

Psalms 120:1 - I call on the LORD in my distress, and he answers me.

Psalms 121:1-3 – I will lift up my eyes to the mountains; From where shall my help come? My help *comes* from the LORD, Who made heaven and earth. He will not allow your foot to slip; He who keeps you will not slumber.

2 Corinthians 12:9-10 - “My grace is sufficient for you, for power is perfected in weakness.” Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ’s sake; for when I am weak, then I am strong.

Proverbs 4:23 - Above all else, guard your heart, for everything you do flows from it.