



# WHAT *shoe* ARE YOU?

## STILETTO PUMP

*Popular Sanguine / "I" – Inspire*



- When I go to a party, I try to meet as many people as I can.
- I love telling funny stories about the things that happen to me. I can make people laugh.
- I often misplace or forget things like my keys, purse, etc.
- I feel suppressed by a schedule. I like to be spontaneous.
- I love to be on a stage or receive public attention. I'm not at all afraid of being out front.
- I am a people magnet, making friends in coffee shops, grocery stores, airplanes, etc.
- I can charm my way in and out of things.
- I'm inspired by relationships vs. projects or tasks.
- I renew by spending time with others.

**TOTAL =** \_\_\_\_\_

## STEEL-TOED WORK BOOT

*POWERFUL CHOLERIC / "D" – Dominant*



- I love adventure and challenges.
- My best day is figuring out and solving difficult problems.
- I prefer to be in charge and in control, though some people call me controlling.
- I like the bottom line. I often get impatient listening to too many details.
- People naturally look to me for leadership.
- Sometimes my words are too direct and can offend others.
- I love to work and am inspired by tasks verses relationships.
- My ability to see future opportunities puts me in visionary leadership roles.
- I prefer the big picture rather than getting bogged down in details.

**TOTAL =** \_\_\_\_\_

# WHAT *shoe* ARE YOU?



## FLIP FLOP

### PEACEFUL PHLEGMATIC / "S" – *Steady*

- I love to be comfortable and stable and often seek the easiest way to do something.
- I seek peace and harmony in all I do and am often the bridge of peace in conflict.
- I look for the easiest way to do things in order to stay relatively comfortable.
- I can be with many different kinds of people and appreciate our differences.
- I avoid conflict, even if it means denying something that is a core value to me.
- Since I have very few expectations of others, I am a good friend who is often seen as "low maintenance".
- I like familiar surroundings and resist change even in small things.
- People in my life seem to get frustrated at the things I drop because of my procrastination.
- I have a dry sense of humor.
- I prefer behind the scenes work rather than being the one up front.

**TOTAL =** \_\_\_\_\_



## MARY JANES

### PERFECT MELANCHOLY / "C" – *Compliant*

- I have a strong desire for things to be accurate.
- People seek me out because they know once I commit, I follow through completely.
- I find myself consistently wanting to correct details of other's stories even if they aren't important.
- My sensitivity to others allows me to observe details like what they like in their coffee, what they are allergic to, etc.
- I renew by spending time alone.
- I can be judgmental, though you may not know it because of how I keep to myself.
- Excellence and Quality are things I aim for in all I do.
- I love order and structure. My closets, shelves, kitchen, etc. are organized and labeled.
- I am a planner and enjoy having a predictable schedule and routine.
- My favorite saying is "there's a place for everything and everything in it's place."

**TOTAL =** \_\_\_\_\_

**[ Add up the totals in each category. Make note of your highest scores and lowest. ]**